

Key Stage 1 Curriculum Map

Year A	AUTUMN TERM		SPRING TERM		SUMMER TERM	
PHSE	Feelings(Y1) Pupils learn: *about different types of feelings *about managing different feelings *about change or loss and how this can feel	Friendships (Y2) Pupils learn: *about the importance of special people in their lives *about making friends and who can help with friendships *about solving problems that might arise with friendships	My Money(Y1) Pupils learn: *about where money comes from and making choices when spending money *about saving money and how to keep it safe *about the different jobs people do	Medicines and Me (Y2) Pupils learn: *why medicines are taken *where medicines come from *about keeping themselves safe around medicines Asthma lesson	What Keeps Me Healthy (Y2) Pupils learn: *about eating well *about the importance of physical activity, sleep and rest *about people who help us to stay healthy and well and about basic health and hygiene routines	Me and Others (Y1) Pupils learn: *about what makes themselves and others special *about roles and responsibilities at home and school *about being co-operative with others
Year B	AUTUMN TERM		SPRING TERM		SUMMER TERM	
PHSE	What We Put Into Our Bodies(Y1) Pupils learn: Yabout what can go into bodies and how it can make people feel	Fun Times (Y1) Pupils learn: □about food that is associated with special times, in different cultures □about active playground games from around the world Yabout sun-safety	□to understand and respect the differences and similarities between people □about the biological differences between male and female animals and their role in the life cycle		Feeling Safe(Y1) Pupils learn: □safety in familiar situations □about personal safety □about people who help keep them safe outside the home	Indoors and Outdoors (Y2) Pupils learn: □about keeping safe in the home, including fire safety □about keeping safe outside



Lower Key Stage 2 Curriculum Map

Year A	AUTUMN TERM		SPRIN	G TERM	SUMM	SUMMER TERM	
PHSE	Bullying – see it, say it, stop it. Pupils learn: *to recognise bullying and how it can make people feel *about different types of bullying and how to respond to incidents of bullying *about what to do if they witness bullying.	What helps me choose? Pupils learn: *about making healthy choices about food and drinks *about how branding can affect what foods people choose to buy *about keeping active and some of the challenges of this.	Tobacco is a drug Pupils learn: *the definition of a drug and that drugs (including medicines) can be harmful to people *about the effects and risks of smoking tobacco and second- hand smoke *about the help available for people to remain smoke free or stop smoking.	Making choices Pupils learn: *that there are drugs (other than medicines) that are common in everyday life, and why people choose to use them *about the effects and risks of drinking alcohol *about different patterns of behaviour that are related to drug use.	Pupils learn: *about Britain as a democratic society *about how laws are made *learn about the local council.	Growing up and changing/Healthy Relationships Pupils in Y3/4 learn: *about the way we grow and change throughout the human lifecycle *strategies to deal with feelings in the context of relationships *to consider different attitudes and values around gender stereotyping and sexuality and consider their origin and impact.	
Year B	AUTUMN TERM		SPRING TERM		SUMMER TERM		
PHSE	Playing safe Pupils learn: □how to be safe in their computer gaming habits □about keeping safe near roads, rail, water, building sites and around fireworks □about what to do in an emergency and basic Emergency first aid procedures	What is important to me? Pupils learn: why people may eat or avoid certain foods (religious, moral, cultural or health reasons) about other factors that contribute to people's food choices (such as ethical farming, fair trade and seasonality) Yabout the importance of getting enough sleep	Strengths and challenges Pupils learn: about celebrating achievements and setting personal goals about dealing with put- downs about positive ways to deal with set-backs	Saving, spending and budgeting Pupils learn: □about what influences peoples' choices about spending and saving money □how people can keep track of their money Ƴabout the world of work	Celebrating difference Pupils learn: □Pupils learn about valuing the similarities and differences between themselves and others □Pupils learn about what is meant by community □Pupils learn about belonging to groups		



Upper Key Stage 2 Curriculum Map

Year A	AUTUMN TERM		SPRING TERM		SUMMER TERM	
h P f f n C c	In the media (Physical health and wellbeing: Y5) Pupils learn: □that messages given on food adverts can be misleading □about role models Yabout how the media can manipulate images and that these images may not reflect reality	Healthy relationships/Growing and Changing (Sex and relationship education:Y6) Pupils in Y5/6 learn: about the physical changes associated with puberty (about menstruation and wet dreams) about the impact of puberty in physical hygiene and strategies for managing this how puberty affects emotions and behaviour and strategies for dealing with the changes associated with puberty what values are important to them in relationships and to appreciate the importance of friendship in intimate relationships about roles and responsibilities of carers and parents Yto answer each others' questions about puberty and relationships with confidence, where to find support and advice when they need it.	Stereotypes, discrimination and prejudice (including tackling homophobia) (Identity, society and equality:Y5) Pupils learn: □about stereotyping, including gender stereotyping □about prejudice and discrimination and how this can make people feel	Weighing up risk (Drug, alcohol and tobacco education: Y6) Pupils learn: □about the risks associated with using different drugs, including tobacco and nicotine products, alcohol, solvents, medicines and other legal and illegal drugs □about assessing the level of risk in different situations involving drug use □about ways to manage risk in situations involving drug use	When things go wrong (Keeping safe and managing risk:Y5) Pupils learn: □about keeping safe online □that violence within relationships is not acceptable □about problems that can occur when someone goes missing from home	Identity, society and equality: Human rights (Y6) Pupils learn: □about people who have moved to UK from other places, (including the experience of refugees) □about human rights and the UN Convention on the Rights of the Child Yabout homelessness FGM?



Year B	AUTUMN TERM		SPRING TERM		SUMMER TERM		
PHSE	Dealing with feelings (Mental health and emotional wellbeing:Y5) Pupils learn: □about a wide range of emotions and feelings and how these are experienced in the body □about times of change and how this can make people feel □about the feelings associated with loss, grief and bereavement	Healthy relationships/Growing and Changing (Sex and relationship education:Y6) Pupils in Y5/6 learn: about the physical changes associated with puberty (about menstruation and wet dreams) about the impact of puberty in physical hygiene and strategies for managing this how puberty affects emotions and behaviour and strategies for dealing with the changes associated with puberty what values are important to them in relationships and to appreciate the importance of friendship in intimate relationships about roles and responsibilities of carers and parents Yto answer each others' questions about puberty and relationships with confidence, where to find support and advice when they need it.	Different Influences (Drug, alcohol and tobacco education: Y5) Pupils learn: □about the risks associated with smoking drugs, including cigarettes, e-cigarettes, shisha and cannabis □about different influences on drug use − alcohol, tobacco and nicotine products □strategies to resist pressure from others about whether to use drugs − smoking drugs and alcohol	Keeping safe - out and about (Keeping safe and managing risk:Y6) Pupils learn: □about feelings of being out and about in the local area with increasing independence □about recognising and responding to peer pressure □about the consequences of anti-social behaviour (including gangs and gang related behaviour) FGM?	Borrowing and earning money (Careers, financial capability and economic wellbeing: Y5) Pupils learn: that money can be borrowed but there are risks associated with this about enterprise what influences peoples' decisions about careers	Healthy Minds (Mental health and emotional wellbeing: Y6) Pupils learn: □what mental health is □about what can affect mental health and some ways of dealing with this □about some everyday ways to look after mental health Yabout the stigma and discrimination that can surround mental health.	

